

LANE COUNTY B080 Established 01/28/14 Updated 05/30/14 Updated 06/01/16

#### PEER SUPPORT SPECIALIST

<u>CLASS SUMMARY</u>: Provide assistance and support for mental health consumers, their caregivers and/or family members, providing encouragement, support, information, and community connection to assist in their recovery; connect individuals to available community resources that overcome barriers to treatment participation and provide similar lived expertise and feedback from a mental health consumer perspective to the management, provider and treatment teams relative to the impact and effectiveness of provided services.

**SUPERVISION RECEIVED:** Receives general supervision from a qualified Clinical Supervisor.

# <u>TYPICAL CLASS ESSENTIAL DUTIES</u>: (These duties are a representative sample; position assignments may vary.)

- 1. Provide outreach to clients to engage them in services and overcome barriers to participation in treatment.
- 2. Assist peers in developing personal recovery and wellness goals.
- 3. Offer support, encouragement and hope.
- 4. Share personal experiences and model effective self-help strategies.
- 5. Assist with access/linkage to community resources such as housing, transportation, education and employment.
- 6. May be required to transport consumers to appointments and activities and or make home visits.
- 7. Monitor program utilization

#### **Knowledge of (position requirements at entry):**

- Understanding of approaches to support others in recovery and resiliency and demonstrates efforts at self-directed recovery.
- Community resources and how to connect individuals to those resources.

### **Skills in** (position requirements at entry):

Understand and carry out directions and instructions.

# LANE COUNTY Peer Support Specialist (Continued)

- Maintain confidentiality.
- Provide services to adult consumers.
- Speak, read, and write English.
- Prepare documentation consistent with department standards for quality and timeliness.
- Work hours conducive to reaching the identified population.
- Establish and maintain cooperative working relationships with consumers, coworkers, and other agencies.

### **Training and Experience** (positions in this class typically require):

Equivalent to the completion of the twelfth grade. Six (6) months of paid or unpaid experience as a peer advocate in a mental health system is preferred. Experience facilitating group and participating on committees is preferred.

### **<u>Licensing Requirements</u>** (positions in this class may require):

- Possession of a valid driver's license at time of application and a valid Oregon Driver's License by the time of appointment.
- State of Oregon Peer Support Specialist certification.
- A Peer Support Specialist must be:
  - A self-identified person currently or formerly receiving mental health services; OR
  - A self-identified person in recovery from a substance use disorder, who meets the abstinence requirements for recovering staff in alcohol and drug treatment programs; OR
  - A family member of an individual who is a current or former recipient of addictions or mental health services.
- Will be asked to discuss recovering experiences during interview process.

**NOTE:** This position is represented by AFSCME Local 2831.

<u>Classification History</u>: FLSA Status: Non-Exempt